



Do you have an MPD?

MPDs (myeloproliferative disorders) include myelofibrosis, polycythaemia vera and essential thrombocythaemia.

People affected by these disorders often feel isolated and can feel frustrated at the lack of information available. They need:

Support & understanding
Accurate information
News on research
Ways to feel better

MPD Support
is here to help

What we offer

Information on MPDs

Read about treatment options, the latest research and tips for living well at www.mpd-support.co.uk

Research News Visit our website for the latest on drug trials and the most updated information on treatment

Peer Support We can put you in touch with other patients to share your experiences coping with MPDs

Patients' Forums Please join us to hear presentations by haematology specialists and to meet fellow patients at these informal get-togethers

Volunteering You can participate in fund-raising, peer support and many other patient programs

"Our goal is to help people with MPDs live the best lives they can until we find a cure"

Who is MPD Support?

We are a charitable foundation under the auspices of Guy's and St Thomas' Charity.

MPD Support is run by medical professionals and patient volunteers. We serve the needs of people with MPDs across the UK.

How to join

By post
Please fill out the form on the reverse

On the web
www.mpd-support.co.uk

Via email
info@mpd-support.co.uk

mpd-support

Join MPD Support

Everyone is welcome and there is no charge. Learn more at www.mpd-support.co.uk or fill out the form below and post it to us.

NAME

ADDRESS

CITY/TOWN

COUNTY/POSTCODE

PHONE

EMAIL

Please also consider making a donation to help our work

How to donate You can make a donation online or enclose a check made payable to GSTT Charity. If you are enclosing a cheque please tick here ____

Gift Aid If you are a UK taxpayer and would like the charity to claim the tax back on this donation (1/4 of every pound donated) at no cost to you please tick here ____

Please detach and send to: MPD Support
c/o Guy's and St Thomas' Charity
1st Floor, The Counting House
Guy's Hospital, St Thomas' Street
London SE1 9RT

Or send to our freepost address: Guy's and St Thomas' Charity
FREEPOST LONI5724
London SE1 9YA

What is an MPD?

Our bodies produce billions of blood cells every day – red blood cells, white blood cells and platelets. When someone has an myeloproliferative disorder (MPD), the person's bone marrow produces excess blood cells, so cell counts become too high.

There are three MPDs: essential thrombocythaemia, polycythaemia vera and myelofibrosis. Each affects a different type of blood cell or cells.

Many patients with MPDs do not have any obvious symptoms. The most common and serious issue for patients is increased "blood stickiness" which can lead to complications. The treatment goal for all MPDs is to reduce the risk of any serious complications.

Exciting recent discoveries have shown that many (although not all) patients with MPDs have a genetic mutation in a molecule called JAK2. Over time, researchers hope to develop designer drugs that will block the mutant JAK2 and halt the disease.

You can learn more about the three types of MPDs, treatments available and all the latest research on our website at:

www.mpd-support.co.uk

Please note that nothing contained in this leaflet is intended to constitute professional advice for medical diagnosis or treatment. You should always seek the advice of your physician or other qualified health provider prior to starting any new treatment or consult them on any questions you may have regarding a medical condition.

mpd-support

Support for MPD patients

Myeloproliferative Disorders:

Essential Thrombocythaemia
Polycythaemia Vera
Myelofibrosis



www.mpd-support.co.uk